



SPORT ROUTES

SUBJECT PATHWAYS

CAREERS

Careers related to PE / sport often need other subjects too so always check entry requirements. Here's a selection:

- Bookmaker
- Coastguard
- Events manager
- Exercise physiologist
- Fitness centre manager
- Fitness instructor
- Groundsperson / greenkeeper
- Health promotion officer
- Holiday centre worker
- Jockey
- Leisure centre assistant
- Leisure / recreation manager
- Lifeguard
- NutritionistOsteopath
- Outdoor activities instructor
- Outdoor education manager
- PT instructor – armed forces
- Personal trainer
- Play worker
- Racehorse trainer
- Riding instructor
- Sports administrator
- Sports agent
- Sports coach
- Sports commentator
- Sports development officer
- Sports engineer
- Sports equipment designer
- Sports journalist
- Sports performance analyst
- Sports physiotherapist
- Sports professional
- Sports psychologist
- Sports scientist
- Sports shop manager
- Sports therapist
- Sportswear designer
- Stable hand
- Teacher / lecturer
- Theme park manager / worker
- Youth hostel managert

SKILLS

Studying Sport / P.E can also help you develop wider skills such as:

- Communication
- Customer service
- Data analysis
- Health and safety awareness
- IT
- Leadership / motivational
- Organising
- Practical / using equipment
- Presentation
- Physical / mental stamina
- Problem solving
- Research
- Resilience
- Team working
- Time management
- Using numbers

These skills are needed for a range of jobs with varied requirements and entry routes. Bear in mind that you may need other subjects too, particularly English, maths and, in some cases, sciences. Here are some examples:

- Agricultural inspector
- Air cabin crew
- Ambulance paramedic
- Civil engineer
- Conference centre manager
- Courier
- Customer services assistant
- Dog trainer
- Environmental health officer
- Facilities manager / worker
- Farm manager
- Firefighter
- Fundraiser
- Gardener
- General practice surveyor
- Health and safety adviser
- Hotel manager
- Hotel porter
- Journalist
- Nursery nurse
- Occupational therapist
- Plumber
- Podiatrist
- Police officer
- Postal worker
- RSPCA inspector
- Rail track maintenance worker
- Receptionist
- Retail manager
- Security officer
- Tour guide
- Tourist information assistant
- Town planner
- Veterinary surgeon
- Volunteer organiser
- Youth / community worker

DID YOU KNOW?

At the Beijing Olympics in 2008, 98% of swimming medals were won by competitors wearing the same type of performance enhancing swimsuit, developed by scientists in a high technology fabric. The suit was later banned by the International Swimming Federation.

ROUTES

Routes into these careers include full time study, higher education and apprenticeships. Higher and degree apprenticeships, that involve working while you study for higher education qualifications, are being developed in some work sectors, e.g. health, engineering, construction / quantity surveying and facilities management.

Many breakthroughs in sport owe much to science and technology. Improvements in areas such as diet and equipment have helped to raise performance. Careers in sports science or technology often require advanced maths, sciences and engineering skills, sometimes at higher education level.

For advice about professional sport, contact the national governing body (NGB) concerned. Details are available from Sport England. Sport and fitness coaches are often self-employed. Volunteering can help you get started.

FIND OUT MORE

For more job ideas, visit nationalcareersservice.direct.gov.uk/youngpeople then follow links to 'Aged 13-19' and 'Do something you're good at'.

If you're thinking about higher education, visit: www.prospects.ac.uk to see what art and design graduates have done after their degree.

Other websites

sheffieldfutures.org.uk

ucasprogress.com

ucas.com

sportengland.org

skillsactive.com

engineeringport.co.uk