



FOOD & NUTRITION ROUTES

SUBJECT PATHWAYS

CAREERS

Careers related to this subject have a range of entry and training routes. You may need other subjects too so check the requirements for each career.

- Accommodation manager
- Baker
- Barista
- Barperson
- Brewer
- Butcher
- Butler
- Cake decorator
- Catering manager
- Chef
- Commis chef
- Conference centre manager
- Dietitian
- Environmental health officer
- Events manager
- Fast food manager
- Fitness instructor
- Flight attendant
- Food and drink writer
- Food hygiene inspector
- Food processing worker
- Food scientist / technologist
- Health promotion officer
- Hospital domestic services manager
- Hotel manager
- Hotel Porter
- Hotel room attendant
- Housekeeper
- Kitchen porter
- Nutritionist
- Personal trainer
- Pub manager / licensee
- Public health manager
- Restaurant manager
- School meals supervisor
- Street food trader
- Teacher / lecturer
- Toxicologist
- Waiter / waitress
- Wine merchant

SKILLS

Studying Food Preparation and Nutrition can help you develop wider skills such as:

- Attention to detail
- Budgeting
- Business awareness
- Communication
- Cooking and food preparation
- Creativity
- Cultural awareness
- Health and safety awareness
- IT
- Planning
- Presentation
- Problem solving
- Report writing
- Research
- Team work
- Time management
- Using equipment
- Using numbers
- Working independently
- Working under pressure

These skills are needed for many jobs at different levels and with a range of entry routes, including apprenticeships and higher education. Here's a selection:

- Accountant
- Accounting technician
- Beauty therapist
- Care assistant
- Care home manager
- Customer service assistant
- Customer service manager
- Dental hygienist
- Dental therapist
- Facilities manager
- Florist
- Hairdresser
- Health visitor
- Healthcare assistant
- Hotel receptionist
- Human resources officer
- Journalist
- Logistics manager
- Marketing manager / assistant
- Nurse / midwife
- Occupational therapist
- Production manager
- Purchasing manager
- Quality technician
- Retail buyer
- Retail manager
- Sales assistant
- Store demonstrator
- Tour guide

DID YOU KNOW?

Mary Berry, the TV presenter, food writer and former Great British Bake off judge, studied

catering and institutional management at college and later trained in Paris. Her first job was for the electricity board, showing customers how to use their new electric ovens! She worked for many years on magazines, TV and radio shows before becoming a household name.

ROUTES

There are careers related to food preparation and nutrition in a number of work sectors, such as catering and hospitality, manufacturing, food science, health, education, journalism and more.

Routes into these careers include further education, apprenticeships and higher education. Always check entry requirements as you may need other subjects too, particularly English, maths and sciences.

Higher and degree apprenticeships are being developed in sectors such as hospitality management and food technology. They involve working while you study for higher education qualifications.

FIND OUT MORE

For more job ideas, visit nationalcareersservice.direct.gov.uk/youngpeople then follow links to 'Aged 13-19' and 'Do something you're good at'.

If you're thinking about higher education, visit: www.prospects.ac.uk to see what art and design graduates have done after their degree.

Other websites

ccskills.org.uk

creativeskillset.org

sheffieldfutures.org.uk

ucasprogress.com

ucas.com

icould.com

hospitalityguild.co.uk

associationfornutrition.org

healthcareers.nhs.uk

nsafd.co.uk