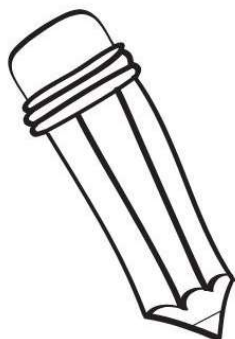


HIGH STORRS SIXTH FORM BRIDGING WORK



2023

Dance



@highstorrs6form



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HIGH STORRS DANCE

BRIDGING THE GAP 2023

Preparation for practical lessons:

Please aim to do the following every week over the summer holidays in order to be ready for technique and creative classes

1. Cardiovascular activity to maintain and build stamina.
2. Abdominal & core strength exercises e.g. sit ups/plank/leg raises
3. Muscle stretching & mobility exercises to maintain and develop flexibility
4. Participate in a dance class (this could be online classes e.g. Italia Conti Virtual)

To support your critical engagement:

- Research at least two of the following practitioners and their set works from one of the compulsory areas of study – Rambert Dance Company 1966 - 2002; Christopher Bruce, Robert North, Glen Tetley or Richard Alston
- Research at least two of following practitioners and their set works from the optional area of study - American Jazz Dance 1940 - 1975; Gene Kelly, Jerome Robbins, Agnes De Mille, Jack Cole or Bob Fosse
- Click on the link and read the subject specific vocabulary: <https://filestore.aqa.org.uk/resources/dance/AQA-7236-7237-SSV.PDF>

Essay 1:

From your Rambert research, describe one of the practitioner's movement styles and how it is evidenced in their work.

(700 words)

Essay 2:

From your American Jazz Dance research, describe the one of the practitioner's movement styles and how it is evidenced in their work.

(700 words)