

# HIGH STORRS SCHOOL

## SPORTS DAY



### ORDER OF THE DAY

8.30 – 9.00am	Registration at The English Institute of Sport with Form Tutor
9.15am	Events begin
11.30am– 12.00pm	Lunch
2.45pm	Presentation of Trophies

**ENGLISH INSTITUTE OF SPORT**  
**TUESDAY 17TH JULY 2018**

# TRACK EVENTS

AM: Y7 & Y8 – Athletics; Y9 & Y10 – Netball & Basketball

If there is a clash of events TRACK HAS PRIORITY.

A.	1	Y7 Girls	2	Y7 Boys	<b>200m</b>
	3	Y8 Girls	4	Y8 Boys	
B.	1	Y7 Girls	2	Y7 Boys	<b>800m</b>
	3	Y8 Girls	4	Y8 Boys	
C.	1	Y8 Boys			<b>300m</b>
D.	1	Y7 Girls	2	Y7 Boys	<b>60m</b>
	3	Y8 Girls	4	Y8 Boys	
E.	1	Y8 Girls & Y8 Boys			<b>1500m</b>
F.		Alternative Walking Race			<b>60m</b>
11.30 – 12.00 (approx)		LUNCH			
G.	1	Y9 Girls	2	Y9 Boys	<b>200m</b>
	3	Y10 Girls	4	Y10 Boys	
H.	1	Y9 Girls		Y9 Boys	<b>800m</b>
	2	Y10 Girls		Y10 Boys	
I.	1	Y9 Girls	2	Y9 Boys	<b>300m</b>
	3	Y10 Girls			
J.	1	Y10 Boys			<b>400m</b>
K.	1	Y9 Girls	2	Y9 Boys	<b>60m</b>
	3	Y10 Girls	4	Y10 Boys	
L.	1	Y9 Girls	2	Y9 Boys	<b>1500m</b>
	3	Y10 Girls	4	Y10 Boys	
M.	1	Y12	2	Y7	<b>Shuttle Relay 8 x 60m</b>
	3	Y8	4	Y9	
	5	Y10			
N.	1	Y7 Girls	2	Y7 Boys	<b>4 x 100m Relay</b>
	3	Y8 Girls	4	Y8 Boys	
	5	Y9 Girls	6	Y9 Boys	
	7	Y10 Girls	8	Y10 Boys	
	9	Y12 Girls	10	Y12 Boys	
	11	Staff			

## PRESENTATION OF TROPHIES

### Champion House

A trophy will be presented to the House in each year which collects the highest number of points in total from the various events.

The overall Champion House will be presented to the House with the highest combined points total from all age groups.

The Governor's Sports Day Trophy will be presented to the House with the highest number of participants.

# FIELD EVENTS

PM: Y9 & Y10 Athletics; Y7 & Y8 – Netball & Basketball

<b>AM</b>							
<b>Triple Jump</b>		<b>Pit 1 – far side</b>		<b>Long Jump</b>		<b>Pit 2 – near side</b>	
1	Y8 Boys	2	Y8 Girls	1	Y7 Boys	2	Y7 Girls
				3	Y8 Boys	4	Y8 Girls
<b>High Jump</b>		<b>Left hand side</b>		<b>High Jump</b>		<b>Right hand side</b>	
1	Y8 Girls	2	Y7 Girls	1	Y8 Boys	2	Y7 Boys
<b>PM</b>							
<b>Triple Jump</b>		<b>Pit 1 – far side</b>		<b>Long Jump</b>		<b>Pit 2 – near side</b>	
1	Y10 Boys	2	Y10 Girls	1	Y9 Boys	2	Y9 Girls
3	Y9 Boys	4	Y9 Girls	3	Y10 Boys	4	Y10 Girls
<b>High Jump</b>		<b>Left hand side</b>		<b>High Jump</b>		<b>Right hand side</b>	
1	Y10 Boys	2	Y9 Boys	1	Y10 Girls	2	Y9 Girls

## **To all competitors:**

- 1 All competitors must report to their event when announced over the loud speaker. **LISTEN CAREFULLY TO ALL INSTRUCTIONS.**
- 2 **If you are in both a track and field event and they are announced to take place at the same time, report quickly to the field event first (or get someone to report for you), go and compete in the track event, and when finished go to the field event immediately.**
- 3 Take great care when going to field events, especially the throwing events. **DO NOT WALK/RUN ACROSS THROWING AREAS.**
- 4 When going to the 1500m and 300m – go around the outside of the track and **not through the throwing/jumping areas.**

## **To all Spectators:**

All spectators must stay in the stand areas and not go into the centre of the arena where the events are taking place. You must stay behind the barriers not only for safety reasons but to allow the events to run as smoothly as possible.